May I start that without God leading and guiding me to find His essential oils, I would not be where I am today, physically or spiritually! So to Him, whom I proudly serve, I owe everything! Also a big THANKS to Stacey Kimbrell & Nique Beer, for without their help I would not be writing this positive testimony and I ask you all to help Stacey and Nique to get their message of health and loving out to all, which is a simple one, get off the chemicals and get on to the healing oils!

**HISTORY**

My childhood and indeed life history will help you understand what these oils can do!

I was from a household of family members that ate as well as they knew how! Thinking back maybe my genetics were not that great and very probably I did not receive the nutrients I needed, whether it was from the food I ate and obviously due to the medications I was given for my various illnesses.

I was **8 years** old when my neck and back pains started as well as my list of childhood illnesses! Yes! I agree way too young to be suffering this debilitation, and of most concern the various doctors who checked me did not know what was causing the various pains.

When I was **12 years** old I woke up one morning to the most frightening feeling of losing muscle control on the right side of my face. I could not smile nor show any expression. Furthermore, I had no control of my right eye tear duct, so my eye was constantly discharging as if I was continually crying! I was sent to a child specialist who put me on a nerve re-growth bovine medicine. Illness continued throughout this year of my life with continuous colds, as well as chicken pox.

At **14 years** of age I had the not so uncommon ailments of a strep throat & acute tonsillitis, but having both of them at the same time was definitely not fun! I was treated with lots of meds and as a normal 14 year old not aware of what was being prescribed. A little later I contracted cat scratch fever!

During my **16th year** I was confined to bed for a whole month, as you may recall not fun for a sixteen year old! but I had come down with a bout of the real influenza. The doctor confirmed this and furthermore mentioned that most people get a 24 hrs to 36 hrs ‘flu bug. The doctor diagnosed I had a serious mutation, “the real influenza!” So after losing a lot of weight I was a bag of bones, but I did eventually beat this flu bug. Having virtually not eaten anything for a month I had to learn how to eat solid foods again, because you cannot keep anything solid down, believe me your stomach is like the size of a golf ball. It took me another month to be able to eat one half size child salad. So you understand not the normal flu! I was on lots of medications & fluids.

Also from this time I started urinary tract infections which averaged once a month and these have been bothering me from then to just recently, now 33 years old, so a period of some 17 years! On one occasion the test proved I had so much bacteria that I was hospitalized; the antibiotics kept on a coming, for I was receiving antibiotics each time I had an infection.

My neck and back pains became very bad, in fact intolerable by the **age of 20**. The pain was constant and the easiest way to describe it was as if it were a sciatica pain. The pain was mostly on the right side of my body. This pain continued even though I had now seen four different chiropractors and three different doctors. All of them concluded there cannot be anything too worrying to deal with for I had not been in an accident of any sort and they were unable to note anything out of the ordinary on the various x-rays taken. Those practitioners I felt more comfortable with continued to treat me but quite honestly without any signs of getting better, indeed one doctor even suggested I get counseling.
In my 20's I started having skin disorders and waking up with my face and head doubled in size, doctors never figured it out other than to say I must have had an allergic reaction to one of the countless prescription skin creams they had tried on me; I was prescribed these in order to get rid of dermatitis. Dermatitis, which simply means inflammation of the *derma* which means skin! I knew that!

At 28 I ended up in the emergency room for I had lost all feeling from the neck down. I simply had gone to bed as normal & just woke up that way. There had not been any life changes nor alteration to my work or eating habits. I just could not feel my skin or the sensation of touch, I couldn’t feel my lower back. I was hospitalized for 5 days and after performing every test and sucking out all the blood they could get! The doctors who were working on my case were so puzzled they recommended I should be transferred to another hospital, in fact an university teaching hospital. I was not keen on this idea and didn’t go. Over the next 6 months the feeling did return to the majority of my body except for the tips of my fingers and tips of my toes. But I still had the continuous back pain.

While I was jogging, yes! jogging, at 29 years of age I ended up fracturing both legs! The doctors said I had a bone mineral density problem and the fractures were caused by this. I was now serving in the military and had countless immunizations; I remember having at least ten in one day for these were necessary for deployment reasons. Two days later, whether coincidence or otherwise, I was supposed to get my menstrual cycle; it did not come until eight months later and when it did from that time my cycles became very irregular. Relevant to this complaint let me tell you now how great I feel Young Living Essential Oils are! I have to tell you this, but be warned it is a little graphic! When my period started it was dry & black. That was in 2000. I started Young Living products in March 2009, and about 40 days later, my period started its regular cycle in every way. I used Lavender and Sage and by now, March 2009, I was trying to remove all chemicals out of my skin contact and switch to organic foods, all contributory factors in my health improvement.

At 30 years of age I lost my sense of smell, everything just smelled like rotten eggs! No matter what it was it smelt like rotten eggs. I tried lots of supplements. I read it could be either a zinc or copper deficiency or both. So by this time you can see I am trying to read everything I can get my hands on, to help myself. But nothing was working yet. I was buying too much stuff at the health food stores and did not seem to be getting anywhere with any of the products! By the way, zinc & copper did not help!

A year later at 31 years old I became so tired, depressed, anxious and for what reason I didn’t know. My mind became so scattered not occasionally but all the time. From having a 4.0 in college algebra to not even being able to add just a few numbers in my head! I had to write everything down for I could not remember things I said or did, things of just a couple of days ago. I was starting to have problems putting sentences together correctly, I couldn’t remember what words meant or how to spell them or how to use them. More often than not I started to drop things and of more concern I was bumping into counters and furniture for my balance felt way off. I was still experiencing urinary problems, loss of bladder control and hesitation upon urination. And I was using the bathroom too many times at night.

In May 2007, I am now 32, I went to sleep and woke up with a blurry haze in my left eye. Three days later I was at U of M hospital for I had an appointment with an eye specialist. After the tests I was advised I had gone from 20/20 to 20/80 over the last 4 days and now I also had color loss/ colored blindness. My eyes were really painful they kept me in the hospital and for three days had a steroid drip connected in order to lessen the pain in my eye.
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Four months later in September of 2007 I had five MRI.’s at St. Joe’s hospital... the results came back positive and showed lesions on my brain and my upper neck. Which is what the doctors look for to diagnose Multiple Sclerosis. Now the doctors started to record my symptoms. Urinary problem; not sleeping well; cold hands and feet; balance problems; neck and back pain; nerve pain; constipation and eye problems. Sharp shooting head pains lasting from 30 minutes to three days. So now I was placed under the care of a neurologist. At this stage, sure life had been uncomfortable to say the least, but I now want you to note everything that happened from this period in 2007 to the beginning of 2009 for everything, yes everything! seemed to get worse not better! But then at the beginning of 2009 I started doing this oils thing! And since then I have had a huge turn around in my body! Sorry but this stuff is not a joke!

On Christmas Eve, December 2007 the pain in my muscles was so bad that it caused a tightening in these muscles so much so this constriction inhibited me from walking. The doctors prescribed many drugs for the pain but nothing seemed to work. They then tried Oxycodone, and this did help a little. They kept adding more meds, trying to manage the pain. But nothing worked for I could always feel the pain, all that the pain meds were doing was just taking the edge off the pain, but it was noticeable these meds did make me kind of numb in both my emotions and my thoughts.

Back pains started in 2008 and it was decided to give me a shot series of four, which was not a good decision for the pain came back even worse after one week. I went back to the doctor and he ran a further test and advised me I had osteoporosis. OK that’s what they said the back pain shot could cause but was just something they had to mention in their paperwork but didn’t think it would happen to me because I was young! Yea! Right!

During this time I started to have a lot of emotional problems no doubt caused by the drugs they had me on for the MS pain, I was now starting to see things that were not natural, and I started doing crazy things. I was just losing my mind, and felt like crying all day long, and I even had thoughts of suicide.

SOULUTION
A friend of mine introduced me to raw milk this being early 2008. I did start drinking it and I did see some improvements. I started to get excited so I decided to learn more about this health stuff! I also decided to take the drastic step and stop all the prescription medicine, for I felt all these meds were doing to me was to make me worse and not necessarily helping me.

While at the milk farm I was shown Stacey Kimbrell’s book “Living Balanced Healthy Mind & Body Reference Guide.” I found the information fascinating and wanted to meet the author if at all possible. I was told there was a health expo where Stacey would be discussing her book and her findings. I went to this health expo and indeed met Stacey and she introduced me to Young Living Essential Oils. I listened; I smelled the oils; I also thought how can that a little thing of oil help or heal all of my issues! After a while Stacey then put Peppermint on my spine. Within a few seconds wow! it was so cool. Now those who don’t know, people with MS tend to get hot, not every case but definitely in mine. I was now very curious about these oils. But my skeptic side kept coming in and saying it would just be another waste of time and money for I had tried so many of the health food store oils and none of them worked so what was going to be different about these oils. But I was at my breaking point and really believed that no one could help or understand me. And there was not going to be an answer for MS sufferers. But something deep down inside me just kept wanting me to search for an answer. Was this going to be it?

Upon meeting Stacey I did take a silent moment to pray and listen, and that’s when the whisper came in very silently, in my gut almost, and said, You have tried every chemical man has made expecting something different every time. Just one more time, trust the oils. I made them all.
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Listening to this I knew then it was not me whispering these words it was God! From that minute I had the voice in my head saying this is the answer you are looking for. I still have this voice today. If you doubt me just call and ask me my contact details are below!

So I signed up straight away and was just waiting and watching for my first order of oils to arrive. On receiving my first order in the mail I had no clue what to do with them! I started smelling the Lavender then rubbed it on. Within a few days, the first things I noticed was my mood swings leveling out, my anxiety was not as bad and importantly my balance was improving. I also received a great free gift in the mail from Young Living, it was Balsam Fir. I didn’t order this so was not sure what to do with it. I checked the book Stacey suggested I buy, and it said ‘good’ for back pain. So I figured let’s try it. My fiancée rubbed it all over my back. I waited about 5 minutes and my back did seem to become nice and warm, then all of a sudden, I was laying on the couch, my back pain completely melted away. Now remember I have had really bad back pain since I was 20 and now I am 33! I have been using the Balsam Fir and other oils for only 2 months. Now if I get any pain I run for the oils. But since I started using the oils my pain is very light and not very often. It seems to be getting better everyday that goes by. The Sulferzyme supplement has completely taken away all my nerve pain. I have been on this straight now for about four weeks, and at the two week mark I started noticing a difference and the pain lessening.

There is not a day that goes by that I don’t grab for one of my oils. I had just cut my finger real bad and I used my Lavender oil. The finger cut healed within 4 hours. I am not kidding!

I take oils in my NingXia Red every morning before breakfast, and know now that without NingXia Red I will have no energy during the day. My urinary and constipation problems have improved a lot. My sleeping patterns are better. Now that I have my menstrual cycle back, I have been using the Dragon Time and it helps a lot, I don’t go anywhere without it or my man will ask where is that Dragon Time stuff for you are so crabby! My cycle is just how it was in my teens as normal as can be!

My fiancée is glad I have stopped running into things and I know all the diffusing of oils have helped with this. Just smelling them will help anyone!

I went for a Electro Interstitial Scan (EIS) scan on April 1st 2009, and I was told to take liquid Goldenseal to help with salt imbalance, Patchouli and Lemon oil with Raw Honey 3 times a day, Frankincense, Palo Santo diffuse, Omega Blue and drink NingXia Red.

Do please note, the liquid Goldenseal is a must, for within 15 minutes of drinking this in water my head was spinning and I got really dizzy, then I noticed my muscles relaxing and my balance started to improve over the next few days. I still take it to regulate my natural salt levels that the body makes. Dr. Peachey said MS & Bell's Palsy occurs due to a salt imbalance in the brain. (By the way remember I had Bell's Palsy at a young age).

Please do not get stuck on the products I use, because some products will work for me but may not work that well for you. For an example Peppermint works on me for pain, but my fiancée says Wintergreen works better for him for his leg pain. This is why you need to seek advice from experts such as Stacey.

A couple of other instances where my life has altered due to the essential oils, I now use Oregano and it has stopped the urinary tract problem; I am now using Dream Catcher oil and it is helping greatly for I am having
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dreams again, I used to fall asleep and then woke up in the morning not having had any dreams and this made me feel like I had not slept at all.

I use all kind of Young Living products, I could go on for ever. But I urge you if you are being given this chance, just try it, maybe it’s ‘this one more thing.’ Believe me it’s nothing like anything you will ever get from a doctor, indeed a health food store. Remember we are looking for healing not management. I also urge you to eat a few more natural foods and get off anything preserved or packaged. MSG’s not only really upset those with MS symptoms but affect us all badly. Also, switch the sugars, use Agave. Stacey will be happy to tell you about that as well!

Without a doubt I do know that the Young Living Essential Oils have changed my life and are continuing to repair my broken body on a daily basis. It is worth every dime I have spent on it. And note if I had more money I would buy all and hand it out to people and beg them to get off the prescription drugs they have been prescribed.

So please do this for yourself! No one can do it for you! It’s you that matters so look after yourself and make your mind and body those extra happy places! I strongly believe my introduction to these oils has been a gift from God, make it yours! He did not leave you here on earth to suffer. So take the time to gain a little knowledge and help yourself.

My people perish for lack of Knowledge! Remember! The oil has knowledge!

Please anyone with MS who needs to get another MS person’s point of view please feel free to contact me, or if I can just encourage you on your life’s journey do please email me.

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