

Dr. Blaylock is a board certified neurosurgeon, author and lecturer. He attended the LSU School of Medicine in New Orleans and completed his general surgical internship and neurosurgical residency at the Medical University of South Carolina in Charleston , SC.

Dr. Blaylock and is now being forwarded to anyone interested. Please pass it along. Also note the attached biography of Dr. Blaylock. <http://www.russellblaylockmd.com/>
<http://www.blaylockreport.com/>

Dr. Blaylock does not recommend the new vaccineanother opinion for you to consider as you decide whether to get one or not.

DR. RUSSELL BLAYLOCK ON SWINE FLU:

"No one should take this vaccine-it is one of the most dangerous vaccines ever devised. It contains an immune adjuvant called squalene (MF-59) which has been shown to cause severe autoimmune disorders such as MS, rheumatoid arthritis and Lupus. The newsletter for August covers this and it may not be out yet. This is the vaccine adjuvant that is strongly linked to the Gulf War syndrome, which killed over 10,000 soldiers and caused a 200% increase in the fatal disease ALS (Lou Gehreg disease). This virus H1N1 kills by causing a "cytokine storm", which means that it cause the body's immune system to overreact and that is why it is killing young people and is a mild disease in the elderly. (The elderly have weakened immune systems.) This vaccine is a very powerful immune stimulator and carries the real possibility of making the lethality of the virus much greater.

One's best protection is vitamin D3.. One should take 5000 IU a day now and when the disease begins to spread increase the dose to 15,000 IU a day. Vitamin D3 modulates the immune reaction, reducing the chance of an overreaction and stimulates the body to produce what are called antimicrobial peptides, which are powerful killers of viruses that does not involve immunity. This is dose related, which means the higher the dose of vitamin D3 the better the protection.

Fish oils (the best is Carlson's Norwegian lemon flavored fish oil) also reduce immune overreaction. One teaspoon a day should be sufficient. For severe symptoms, one teaspoon twice a day. Antioxidants of various kins also help-this includes, quercetin, curcumin, gr apeseed extract, vitamin C and natural vitamin E. A good multivitamin/mineral is also essential.

Feel free to spread this around. People need to know how to protect themselves."